



A Program of Lions
Clubs International
Foundation

Lions Quest Foundation to Year 8 Social & Emotional Learning Programs



Explicit Skills Instruction

- Foundation–Yr 8 curriculum
- 36 developmentally appropriate, sequential lessons
- Topics such as managing emotions, listening, making decisions, teamwork, respecting self and others
- Strong cross-curricular links
- Includes Teacher's Guide, Program Guide and digital resources

Professional Training

- Face-to-face and virtual training conducted by qualified and experienced trainers
- Guidance on effective implementation

Positive School Climate

- Easy-to-use lessons for building a supportive learning community
- Specific strategies for creating a positive school climate

Family and Community Engagement

- Take-home worksheets to engage families
- Families as Partners - guide to leading family meetings
- Strategies to involve the broader community



Engaging families & community



Promoting:

- Connection to school
- Positive behaviour
- Bullying prevention
- Resiliency
- Mental wellbeing

Evidence-based and proven effectiveness

Increases:

- Student engagement
- Positive school climate
- Academic performance

Decreases:

- Problem behaviours
- Bullying
- Suspensions
- Student stress levels

Research-based pedagogy and content



Comprehensive
teachers guide
and resources



A project of the Australian Lions Wellbeing Foundation. Proudly supported by the Lions of Australia.

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Lions Quest Skills for Growing and Skills for Adolescence

Foundation - Year 8

School-based Social and Emotional Learning Programs



UNITS	LESSON 1	LESSON 2	LESSON 3	LESSON 4	LESSON 5	LESSON 6	LESSON 7	LESSON 8
UNIT 1: A POSITIVE LEARNING COMMUNITY	Making introductions	Establishing classroom agreements	Building relationships and community					
UNIT2: PERSONAL DEVELOPMENT	Clarifying values	Assessing strengths and opportunity for growth	Building self-confidence and self-respect	Motivating yourself	Setting positive goals	Labelling your emotions	Managing stress and strong emotions	Recognising the 'Thoughts, Emotions, Action' connection
UNIT 3: SOCIAL DEVELOPMENT	Listening	Respecting others	Communicating with 'What, Why and How' messages	Working together	Building healthy relationships	Handling conflict in relationships	Building healthy relationships	Building healthy relationships
UNIT 4: HEALTH, SAFETY AND WELLBEING	Choosing healthy living	Making good decisions – Pt 1	Growing in responsibility	F-2: Using care around medicines Yrs 3-8: Avoiding tobacco	F-2: Staying away from poisonous substances Yrs 3-8: Avoiding alcohol	F-2: Making good decisions – Pt 2 Yrs 3-8: Staying away from other drugs	Standing up to social pressure	Years 6-8 only: Reinforcing and modelling a healthy lifestyle
UNIT 5: LEASERSHIP AND SERVICE	Contributing to your school and community	Assessing classroom assets and interests for Service Learning	Identifying classroom, school and community issues/needs	Deciding together on a Service-Learning project	Planning a Service-Learning Project	Implementing the Service-Learning project	Reflecting on & demonstrating the Service-Learning project	Demonstrating service
UNIT 6: REFLECTION AND CLOSURE	Reflecting on learning, experience and goals	Celebrating successes and acknowledging contributions						